



Growing Up: Expanding From Youth to Adult Risk Factor Surveillance

January 26, 2011

8:00 am-4:30 pm

The Greenwood Inn & Suites, 1715 Wellington Avenue

Objectives:

- Highlight the importance of community-level adult risk factor surveillance (ARFS) and address gaps in current data
- Review the pros and cons of different methodologies for adult risk factor surveillance
- Identify existing resources and supports at the regional level in order to conduct ARFS in Manitoba

Agenda:

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| 8:00-8:45 | Registration/Breakfast |
| 8:45-9:00 | Greetings (Jim Rondeau, Minister of Healthy Living, Youth and Seniors) |
| 9:00-9:30 | Key Note Speaker (Dr. John Garcia, Associate Professor, Department of Health Studies and Gerontology, University of Waterloo) <ul style="list-style-type: none">▪ Systems thinking in population health promotion |
| 9:30-10:15 | Key Note Speaker (Dr. Glennis Andall-Brereton, Caribbean Epidemiology Centre, Pan-American Health Organization) <ul style="list-style-type: none">▪ International success stories and lessons learned |
| 10:15-10:35 | Exercise and Coffee Break |
| 10:35-11:10 | Building on Success- Manitoba and the Youth Health Survey
(Dr. Jane Griffith, CancerCare Manitoba) |
| 11:10-12:00 | Q & A Panel with Speakers |
| 12:00-12:45 | Lunch |
| 12:45-1:30 | Implementing Adult Risk Factor Surveillance in Manitoba

Case studies from Manitoba <ul style="list-style-type: none">▪ Interlake RHA (Tannis Erickson)▪ Assiniboine RHA (Jody Allan)▪ Brandon RHA (Nancy McPherson) |



1:30-3:00

Group Activity- Key Questions

- What benefits/value have youth or other risk factor surveillance activities provided to your organization and communities?
- What is the value of expanding to adult risk factor surveillance (ARFS) in your region? Please list the reasons for your answer.
- What supports and internal resources are available in your RHA for adult risk factor surveillance?
- Who could/should be involved in ARFS in your region and what would their role be? Please list.
- Who else could/should be involved in ARFS and what would their roles be? Consider community groups/partners, levels of government, Partners in Planning for Healthy Living, and others.
- What are the next steps for conducting ARFS in your region?

3:00-3:15

Exercise and Coffee Break

3:15-4:10

Reporting back from Group Activity

4:10-4:30

Wrap up of Day